

Year 7 PSICHE Lessons

As part of the PSICHE curriculum students are taught about a variety of personal, social, cultural and health related modules, as part of this they will consider health and wellbeing, relationships and fundamental British values.

Half term 3- Relationships

Lesson 1 – Families (Key objective: To look at different kinds of families, how they have changed and why we have them)
Lesson 2 - Family Pressures (Key objective: To look at ways of dealing with problems in the family.)
Lesson 3 - Change and Loss (Key objective: To explore change and loss, and the emotions these can cause)
Lesson 4 - Life changes (Key objective: To think about major and minor life changes and how we respond to them)
Lesson 5 - Personal Conflict (Key objective: To explore negotiation and compromise as tools for solving conflict)
Lesson 6 - Assessment

Half term 4- Fundamental British Values

Lesson 1 - Respecting others (Key objective: To consider the differences between people and learn how to respect those differences)
Lesson 2 - Whose problem (Key objective: To consider the problems faced by people with special needs and learn to see things from their point of view)
Lesson 3 - Different lifestyles (Key objective: To learn to respect differences around us)
Lesson 4 - Multicultural community (Key objective: To explore what it means to live in a multicultural society)
Lesson 5 - Assessment