

### Half term 5- Healthy living

Lesson 1- Healthy eating (Key objective: To understand the positive impact healthy eating can have on your life)
Lesson 2- Exercise (Key objective: To understand the positive impact exercise can have on your life)
Lesson 3- Alcohol awareness (Key objective: To understand the impact alcohol can have on your life)
Lesson 4- Drugs awareness (Key objective: To understand the impact some common drugs can have on your life)
Lesson 5- Smoking (Key objective: To understand the impact smoking can have on your life)
Lesson 6- Assessment

### Half term 6- Diversity and Fundamental British Values

Lesson 1- Racism and the law (Key objective: To understand the legal issues surrounding racism)
Lesson 2- Actions and consequences (Key objective: To understand that our actions can have positive and negative consequences)
Lesson 3- Diversity (Key objective: To understand the legal issues surrounding racism)
Lesson 4- Discrimination (Key objective: To reflect on the impact of discrimination)
Lesson 5- Equality (Key objective: To understand the importance of equality and laws that have been introduced in Britain to help tackle discrimination)
Work experience week
Lesson 6- Human rights (Key objective: To understand the importance of human rights and how they help human beings to live and grow)